

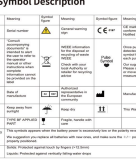


<h3>AIL</h3> <h4>Electronic Sphygmomanometers</h4> <h5>Instructions for Use Model X5</h5>  <p>Revision A/0 Issue Date: 2020-06-30 Jiangsu AICARE Medical Technology Co., Ltd.</p>	<h3>Table of Contents</h3> <ul style="list-style-type: none">I. PREFACEII. RANGE OF APPLICATIONIII. IMPORTANT SAFETY INFORMATIONIV. FEATURES AND SPECIFICATIONV. STRUCTURE AND DESCRIPTIONS OF PRODUCTVI. SETTINGSVII. PREPARATIONVIII. METHOD TO MEASURE THE BLOOD PRESSUREIX. REQUIREMENTS OF STORAGE AND MAINTENANCEX. CALIBRATION AND SERVICEXI. SYMBOL DESCRIPTIONXII. SERVICE INFORMATIONXIII. EMC DECLARATIONXIV. MANUFACTURE	<h3>I. Preface</h3> <p>Dear users, We appreciate for your purchase of our Electronic Sphygmomanometers. Before using this monitor, read the Manual carefully and do not forget. Please keep the Manual proper for re-reading for what you check and whenever at any time. This monitor is for your personal use and not for medical purposes.</p> <p>This is an Electronic Sphygmomanometer consisting of the Main Unit and a reusable cuff. The monitor is used to measure blood pressure, diastolic blood pressure and pulse of the human body. The blood pressure measured by it is equivalent to that measured by auscultation method, and the error is controlled within the range specified in IEC 60601-2-30 Non-invasive automated monitor.</p> <p>This Electronic Sphygmomanometer employs the Intelligent Pressurization to automatically pressurize to a suitable pressure value based on your blood pressure. It is designed to effectively reduce discomfort caused by incorrect pressurization, shorten measurement time, and extend the life of the cuff.</p>	<h3>II. Range of application</h3> <p>1. Intended Use Electronic Sphygmomanometers is intended to measure the systolic and diastolic blood pressure as well as the pulse rate of adult person and children aged 3 through 7 years of age. It can be used at medical facilities or at home.</p> <p>2. Application of product Intended Users Adult, and children with age 3 through 7 years of age, non-smoker, non-drug user.</p> <p>Parts of the monitor, duration This device is non-invasive Electronic Sphygmomanometers, the cuff be worn on upper arm by donor during measuring. Single Use means that this monitor is for single use only. It is not an active and reusable device.</p> <p>3. Contraindications 1) The product shall not be used for measuring for under 18 years old, including newborns; 2) Those who suffer from severe arrhythmia should not use this product; 3) The patient wears, including pre-excitation patients, shall not use this product.</p>	<h3>III. Important Safety Information</h3> <p>1. Warnings ▲ Do not measure the blood pressure accurately and reliably, following shall be noted when measuring: 1) Do not measure the blood pressure for more than 3 times. This may cause an inaccurate reading.</p> <p>II. Important Safety Information ▲ Do not measure the blood pressure accurately and reliably, following shall be noted when measuring: 1) Do not measure the blood pressure for more than 3 times. This may cause an inaccurate reading.</p>	<p>2) Do not apply the arm cuff on the arm while being on an intravenous drip or blood transfusion. 3) Do not wear your physical belts when using this monitor on the arm with an intravenous IV-5 short. 4) Do not use the Cuff on the arm on the side of a mastectomy or lymph node dissection. 5) Do not use this monitor with other medical electrical (ME) equipment simultaneously. This may result in incorrect operation of the monitor or other cause an inaccurate reading. 6) Do not use the monitor with cardiac pacemakers, defibrillators, televisions, microwave ovens, cell phones, keyboards or other device with strong electrical fields. 7) Do not use this monitor on the leg, arm or the arm under medical treatment, as this can cause further injury. 8) Do not use the monitor with medical or location where water may splash on this monitor. Use the monitor in the dry area only. 9) Do not use this monitor. Use the monitor. Use the monitor only safely when it is in correct measurement mode. 10) Do not hold or sink the air tube while using monitor. 11) Do not measure while standing, walking, or your body is in motion. 12) Do not measure after exercise or bathing. 13) Do not measure after smoking, drinking alcohol, or coffee. 14) Do not move, shake your arm or bend your fingers during measurement. 15) Do not measure after exercise or bathing. 16) Do not speak or move your body during measurement. 17) Do not move, shake your arm or bend your fingers during measurement. 18) Do not measure after smoking, drinking alcohol, or coffee. 19) Do not move, shake your arm or bend your fingers during measurement. 20) Do not speak or move your body during measurement. 21) Do not move, shake your arm or bend your fingers during measurement.</p>	<h3>2. Notes</h3> <ul style="list-style-type: none">1) Avoid eating, smoking and strenuous exercise for 30 minutes prior to blood pressure measurement.2) Using the correct measurement posture for measurement of blood pressure, and the Cuff and the heart should be at the same level. Therefore, the blood pressure value measured at the heart of the patient may be slightly different from value that is measured correctly.3) Any blood pressure measurement is affected by the posture and physical condition of the subject. Please be patient and avoid talking during measurement.4) The monitor of this model should be used on the left arm. When continuous measurement is conducted on the same person, however, the Cuff has the arm rolled over at least 1.5 minutes before next measurement.5) The Cuff provided by this product is suitable for adult people over 1.25m tall.6) Blood electrostatic interference above 100mV during measurement. The possible sources of interference may be from TV, mobile phone, microwave oven, etc. If any, do not measure the blood pressure of newborn babies using this product.7) Do not use this product used for purposes other than blood pressure measurement.8) The device has the battery when the product is not in use for a long time to prevent the battery from leakage.9) Do not use the battery if your production constantly, the joint, numbness and vein congestion may occur on the arm. Do not pressure when it exceeds 300mmHg, and do not maintain the cuff pressure higher than 180mmHg for more than 2 minutes.10) This device does not support the battery charging function. Do not use the rechargeable battery to charge in this device.																																										
<p>rate. The electronic monitor can still work normally, but the measured blood pressure value may be inaccurate. When irregularities occur frequently, please consult a doctor. 14) If the monitor is used and stored beyond the temperature and humidity range specified in this Manual, usability or performance may be affected or become unstable, or even be totally damaged. 15) When replacing the Cuff, use the Cuff supplied by the manufacturer. If the original part is replaced with a Cuff not supplied by the manufacturer, measurement errors may occur. 16) Do not connect the manufacturer for spare part service. 17) Do not store the Cuff with others to avoid cross-contamination. 18) Do not use the device in the environment with higher than 40°C or lower than 5°C, and use with 10%-90% RH. 19) The protective glass outside the LCD frame is very important and the fragile part of the instrument, so it must be used carefully. 20) Do not charge the non-rechargeable battery and do not throw the battery into the fire. 21) Please do not repair the product to the sun or heat source. 22) If high acid storage liquid, keep far away from acids, toddlers or children. 23) Please components out of the reach of infants, toddlers or children. This product contains small parts that may cause a choking hazard if swallowed by infants, toddlers or children. 24) Do not immerse any part of the reach of infants, toddlers or children. 25) Do not store your monitor and other components: 1) In the monitor and other components and; in location exposed to extreme temperatures, humidity, direct sunlight, dust or corrosive vapors such as bleach. 2) In location exposed to vibrations or shocks.</p>	<h3>3. Potential adverse reaction</h3> <p>1) Patients with severe blood circulation disorders and blood diseases, unless the arm cuff there necessary may cause blood stains or paralysis of the arm; 2) Patients with severe blood circulation disorders and blood diseases may cause acute internal bleeding due to the compression of the arm; 3) Patients with severe blood circulation disorders and blood diseases may cause acute internal bleeding due to the compression of the arm.</p> <h3>4. Waste disposal</h3> <p>1) Correct disposal of electronic products and batteries in storage can well cause harm to the environment. Please dispose them according to the local laws. 2) Do not use the Electronic Sphygmomanometers in the garbage can at the end of its phase disposal according to local laws and consult with the manufacturer for recycling.</p>	<h3>2. Technical specification</h3> <table border="1"><tr><td>Device name</td><td>Electronic Sphygmomanometer</td></tr><tr><td>Model</td><td>X5</td></tr><tr><td>Display type</td><td>Large LCD</td></tr><tr><td>Measurement mode</td><td>Non-invasive</td></tr><tr><td>Measurement range</td><td>120mmHg-240mmHg</td></tr><tr><td>Measurement accuracy</td><td>±3mmHg</td></tr><tr><td>Measurement precision</td><td>±1mmHg</td></tr><tr><td>Measurement resolution</td><td>1mmHg</td></tr><tr><td>Measurement error</td><td>±3mmHg</td></tr><tr><td>Measurement repeatability</td><td>±1mmHg</td></tr><tr><td>Measurement stability</td><td>±1mmHg</td></tr><tr><td>Measurement reliability</td><td>±1mmHg</td></tr><tr><td>Measurement consistency</td><td>±1mmHg</td></tr><tr><td>Measurement accuracy</td><td>±3mmHg</td></tr><tr><td>Measurement precision</td><td>±1mmHg</td></tr><tr><td>Measurement resolution</td><td>1mmHg</td></tr><tr><td>Measurement error</td><td>±3mmHg</td></tr><tr><td>Measurement repeatability</td><td>±1mmHg</td></tr><tr><td>Measurement stability</td><td>±1mmHg</td></tr><tr><td>Measurement reliability</td><td>±1mmHg</td></tr><tr><td>Measurement consistency</td><td>±1mmHg</td></tr></table>	Device name	Electronic Sphygmomanometer	Model	X5	Display type	Large LCD	Measurement mode	Non-invasive	Measurement range	120mmHg-240mmHg	Measurement accuracy	±3mmHg	Measurement precision	±1mmHg	Measurement resolution	1mmHg	Measurement error	±3mmHg	Measurement repeatability	±1mmHg	Measurement stability	±1mmHg	Measurement reliability	±1mmHg	Measurement consistency	±1mmHg	Measurement accuracy	±3mmHg	Measurement precision	±1mmHg	Measurement resolution	1mmHg	Measurement error	±3mmHg	Measurement repeatability	±1mmHg	Measurement stability	±1mmHg	Measurement reliability	±1mmHg	Measurement consistency	±1mmHg	<h3>V. Structure and descriptions of product</h3> <p>1. Product structure The product consists of a main unit and a cuff. See below figures.</p>  <p>2. Description of LCD Screen</p>  <p>The LCD screen displays the following information: - Systolic blood pressure (top left) - Diastolic blood pressure (top right) - Pulse rate (bottom center) - Heart rate (bottom left) - Heart rate (bottom right)</p>	<h3>VI. Settings</h3> <p>1. Memory clear Press and hold the MEM button for 3 seconds in the reading memory mode to clear the memory value stored in the product. 2. Error code display Press the SET button when the product is not powered on, and the error code will be displayed on the screen. After the error code is displayed, press the MEM button to set the error code. 3. Set the date/time When the monitor is turned on but not measured, press and hold the SET button for 3 seconds. The screen starts to flash, and press the MEM button to set the date and time. 4. Set the mode When the monitor is turned on but not measured, press and hold the SET button for 3 seconds. The screen starts to flash, and press the MEM button to set the mode. 5. Set the alarm When the monitor is turned on but not measured, press and hold the SET button for 3 seconds. The screen starts to flash, and press the MEM button to set the alarm.</p>	<h3>6. Reading of main memory value</h3> <p>Press the MEM button after the measurement is finished or in the power of flash, and the LCD will display and broadcast the averaged result of the last three measurements. Press the MEM button again to display and broadcast the last measurement result. View the measured value of 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.</p>	<h3>7. To load the batteries</h3> <p>1) The Battery Case cover on the left side of the unit and port the batteries (AA) correctly. 2) Insert the Battery Case cover back properly.</p>  <p>Notes: - Do not load the batteries as shown in the picture. If the monitor will not work. - Load the Low Battery Symbol appears on the display, turn the monitor off and remove all the batteries. Replace with 4 new batteries at the same time. Do not mix old and new batteries. It may shorten the battery life, or cause the monitor to malfunction. - Long life alkaline batteries are recommended. - The measurement value continues to be stored in memory even after the batteries are replaced. - The measurement value continues to be stored in memory even after the batteries are replaced. - The measurement value continues to be stored in memory even after the batteries are replaced. - The measurement value continues to be stored in memory even after the batteries are replaced. - The measurement value continues to be stored in memory even after the batteries are replaced.</p>
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<h3>2. Using the Adapter with Micro-USB cable</h3> <p>1) Connect the Adapter with Micro-USB cable into the AC adapter jack of the monitor. 2) Plug the Adapter into an electrical outlet. 3) To disconnect the Adapter, unplug the Adapter from the electrical outlet first, and then remove the Adapter with the USB cable from the monitor. 4) Do not company does not provide the Adapter and Micro-USB cable, the users are required to buy the Adapter (DC 5V/2000mA) and Micro-USB cable which meets requirements of IEC 60950-1. Use of an adapter or Micro-USB cable which does not meet the requirements may damage and/or void the warranty of the monitor and cases. 3. Use the Cuff 1) The standard accessory is the cuff (M), which is suitable for the subject with arm circumference of 22cm-42cm. 2) When the user has to use the cuff, please refer to the size of the arm (L), (D) (the original standard Cuff be used for this Main Unit).</p>	<p>The bottom edge of the arm cuff should be 2cm below the elbow. Adjust to the level of your arm and aligned with your middle finger.</p>  <p>4) Secure it closed with the fabric fastener.</p> <p>Notes: - When you take a measurement on the right arm and the left arm, the measured blood pressure values can be different. AICARE recommends always use the same arm for measurement. If the value between both arms differs significantly, please check with your physician which arm to use for your measurements. - Do not use the Cuff right after finishing the measurement will be inaccurate. - When the usage of arms indicated on the Cuff to determine if properly sized Cuff used. - Do not place the arm cuff over thick clothes.</p>	<h3>3. How to Use Correctly</h3> <p>The correct posture is extremely important to measurement. To take a measurement, you need to be relaxed and comfortably seated in a comfortable room temperature. 1) Sit in a comfortable chair with your back and arms supported, and maintain the right posture; do not force with your posture, and the arms should be relaxed. 2) Place your feet flat and your legs uncrossed. 3) Rest arms should be resting comfortably on a table. 4) Adjust your monitor close enough to touch with your feet. 5) Sit in a comfortable chair with your back and arms supported, and maintain the right posture; do not force with your posture, and the arms should be relaxed. 6) Place your feet flat and your legs uncrossed. 7) Rest arms should be resting comfortably on a table. 8) Adjust your monitor close enough to touch with your feet. 9) Sit in a comfortable chair with your back and arms supported, and maintain the right posture; do not force with your posture, and the arms should be relaxed. 10) Place your feet flat and your legs uncrossed. 11) Rest arms should be resting comfortably on a table. 12) Adjust your monitor close enough to touch with your feet.</p>	<h3>5. For the accuracy of the measurement, we recommend</h3> <p>1) Do not have strenuous activities 30 minutes prior to measurement; do not smoke or drink coffee or alcohol. 2) Do not eat or drink for 30 minutes prior to measurement; do not use stimulants prior to measurement; 3) Measure the blood pressure in a sitting position. 4) If preparation is required, remember to sit for 5 minutes before the blood pressure is measured at least twice with the same interval of 5 minutes between. A longer interval may be required depending on your physical condition. 5) Do not take the blood pressure measurement if the patient is wearing a prosthetic limb or artificial limb. 6) Do not take the blood pressure measurement if the patient is wearing a prosthetic limb or artificial limb. 7) Do not take the blood pressure measurement if the patient is wearing a prosthetic limb or artificial limb.</p>	<h3>4. 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<h3>IX. Requirements of Storage and maintenance</h3> <p>1) Avoid falling or strong collisions. 2) Avoid high temperature or exposure to direct sunlight. 3) Do not use any other type of cuff. 4) Do not use any "START/STOP" button if the cuff is not equipped with your upper arm. 5) Do not use any other type of cuff. 6) Do not use the product for more than one hour before using it. It is brought to the warm from a cold environment. 7) Observe the battery when the product will not be used for 3 months or more. 8) Do not use "AAA" batteries with this Main Unit. Do not use new and used batteries together. 9) Do not use the measurement procedure for equipment during measurement. 10) Do not use the device and avoid procedure, avoid returning it to the water. 11) Do not use the device completely dry before using. 12) Do not attempt to disassemble or change any part of the monitor, including arm cuff, due to substitution of a component different from that supplied might result measurement error.</p>	<h3>X. Calibration and Service</h3> <p>1) The accuracy of this blood pressure device has been carefully tested and is designed for a long period of time. 2) This is generally recommended to have the device inspected every 2 years to ensure correct functioning and accuracy. Please consult your local AICARE representative. 3) Service life information: Main Unit: 5 years (30,000 times); Cuff: The cuff is consumable. The life of the Cuff about a year operation measured 5000 times (120 times use 1 cuff). 4) In case of any damage, replace the cuff with a new one.</p>	<h3>XI. Instructions for Waste Disposal</h3> <p>1) Disposal of used batteries should be carried out in accordance with the national/regional regulations for the disposal of batteries. 2) Dispose of the main unit, components and optional accessories according to applicable local regulations. Unlawful disposal may cause environmental pollution. 3) Do not throw the Electronic Sphygmomanometers in the garbage can at the end of its phase disposal according to the local laws and consult with the manufacturer for recycling.</p> <h3>Correct Disposal of This Product (Waste Electrical & Electronic Equipment)</h3> <p>This product is not to be disposed of as general waste. However, it should be disposed of with other household waste and the end of its phase disposal according to local laws and consult with the manufacturer for recycling.</p>	<h3>XII. Symbol Description</h3>  <p>1) The symbol indicates that the product should be disposed of as general waste. 2) The symbol indicates that the product should be disposed of as general waste. 3) The symbol indicates that the product should be disposed of as general waste. 4) The symbol indicates that the product should be disposed of as general waste. 5) The symbol indicates that the product should be disposed of as general waste.</p>	<h3>XIII. Service Information</h3> <p>1) The symbol indicates that the product should be disposed of as general waste. 2) The symbol indicates that the product should be disposed of as general waste. 3) The symbol indicates that the product should be disposed of as general waste. 4) The symbol indicates that the product should be disposed of as general waste. 5) The symbol indicates that the product should be disposed of as general waste.</p>	<h3>XIV. EMC Declaration</h3> <p>1) The symbol indicates that the product should be disposed of as general waste. 2) The symbol indicates that the product should be disposed of as general waste. 3) The symbol indicates that the product should be disposed of as general waste. 4) The symbol indicates that the product should be disposed of as general waste. 5) The symbol indicates that the product should be disposed of as general waste.</p>	<h3>XV. Manufacture</h3> <p>1) The symbol indicates that the product should be disposed of as general waste. 2) The symbol indicates that the product should be disposed of as general waste. 3) The symbol indicates that the product should be disposed of as general waste. 4) The symbol indicates that the product should be disposed of as general waste. 5) The symbol indicates that the product should be disposed of as general waste.</p>																																										